

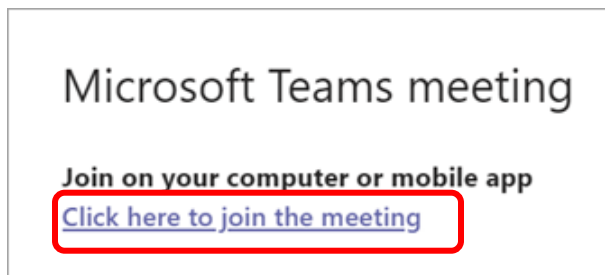


Join a meeting in Microsoft Teams

Join Teams meetings anytime, anywhere, from any device. Teams meetings are best when you join them from the Teams app or Teams on the web, and there's a bunch of ways to do that—read on for details about joining by link, from your calendar, and more. If you can't use the app or the web, some meetings let you call in using a phone number.

Join by link

All you need to join a Teams meeting is a link.



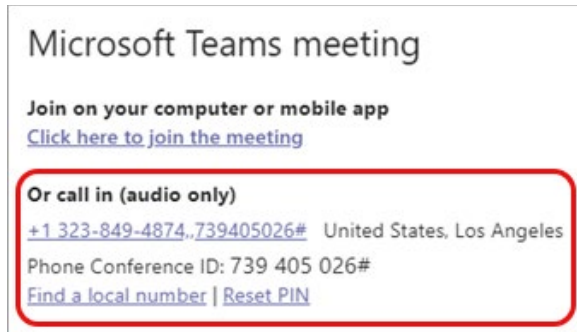
Select **Click here to join the meeting** in your meeting invite to be taken to a page where you can choose to either join on the web or download the desktop app. If you already have the Teams app, the meeting will open there automatically.

If you don't have a Teams account and the organizer has allowed it, you may have the option to enter your name to join the meeting as a guest. If you do have a Teams account, select **Sign in** to join with access to the meeting chat and more. Then, depending on the organizer's settings, you may join the meeting right away or go to the lobby where people in the meeting can admit you.

Call in

If you're unable to use the Teams app or Teams on the web, you can join some meetings by calling a phone number.

If there's a phone number and conference ID in the meeting invite, just dial the number to join.



Join by link – Mobile App

To get the best of Teams meetings on mobile, including audio, video, and content sharing, you'll need to download and install the Teams mobile app.

If you have the app, select **Click here to join the meeting** in the meeting invite to open the app and join the meeting. If you don't have the app, you'll be taken to the app store where you can download it.

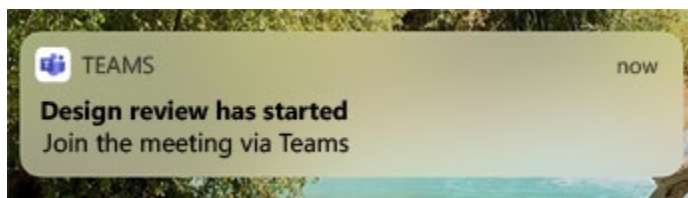
Note: Try to download the app before the meeting starts. It might take a minute or two, depending on your internet connection.

If you don't have a Teams account, select **Join as a guest** and enter your name to join the meeting as a guest.

If you have a Teams account, select **Sign in and join** to join with access to the meeting chat and more. Depending on the organizer's settings, you may join the meeting right away or go to the lobby where someone else can admit you.

Join from your Teams App notification

When a Teams meeting starts, you'll get a notification that'll bring you directly to the meeting without finding it on your calendar. Just tap the notification to join.



Note: For now, this is only available on iOS. Coming soon to Android!