



Wayne County Community College District

COURSE SYLLABUS

PSY 230 Psychology of Adjustment

CREDIT HOURS: 3.00

CONTACT HOURS: 45.00

COURSE DESCRIPTION:

This course covers the evaluation of human effectiveness, psychopathology, the healthy personality and systematic research on problems of adjustment. Students will not receive credit for both PSY 230 and 235.

PREREQUISITES: *PSY 101*

EXPECTED COMPETENCIES:

The student will be able to:

1. Identify theories of adjustment and state the differences
2. Describe the theories of adjustment and their application to adjustment in a complex and urban society
3. State the relationship between social and psychological theories of adjustments
4. Describe the application of the differences of social and psychological theories to adjustment in a complex and urban society
5. Give examples and describe the relationship of motivation, learning and perception to psychological adjustment
6. State the definitions of maturity and healthy adult personality
7. Describe the relationship of maturity and healthy adult personality to psychological adjustment
8. Give examples of social and familial relationships and describe the utilizing psychological theories in evaluating adjustment
9. Write an autobiography, which examines growth, development and psychological adjustment

ASSESSMENT METHODS:

Student performance may be assessed by examination, quizzes, case studies, oral conversation, group discussion, oral presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

GRADING SCALE:

90%-100% = A

80%-89.9%= B

70%-79.9%= C

60%-69.9%= D

<60% = E