



Wayne County Community College District

COURSE SYLLABUS

GER 125 Mental Health and the Aging

CREDIT HOURS: 3.00

CONTACT HOURS: 45.00

COURSE DESCRIPTION:

This course focuses on the mentally healthy older adult from a social-psychological perspective. It investigates the changing nature of social roles, emotional and social consequences of multiple losses, redefinition of needs in relationship to family and friends as well as the topic of retirement and the use of time. **Program Admittance or Dept. Approval*

PREREQUISITES: GER 110, GER 115, ENG 119, PSY 101,

EXPECTED COMPETENCIES:

Upon completion of this course, the student will be familiar with:

- Discuss the primary reasons why people study adult development and aging
- Evaluate the approach of studying adult development as a series of gains and losses.
- Compare and contrast the concepts of qualitative and quantitative change in development.
- Compare and contrast the concepts of chronological age, biological age, psychological age, social age, and age profiles, and give an example of each.
- Describe each of the following domains of development: the biological and physical domain, the cognitive domain, the personality domain, and the social domain.
- Define age structure and describe the changes occurring in age structure in the U.S.
- Summarize the characteristics of the adult population in the United States.
- Discuss the effects of social class, including racism, sexism, and ageism, on longevity and quality of life among the elderly.
- Understanding key mental health concepts.
- Understand and evaluate mental health findings presented in the popular press.
- Development critical thinking and analytical skills.
- Learn how to research a topic in mental health, review the literature and/or evidence on a topic of interest and present findings

ASSESSMENT METHODS:

Student performance may be assessed by examination, quizzes, case studies, oral conversation, group discussion, oral presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

GRADING SCALE:

90%-100% = A
80%-89.9%= B
70%-79.9%= C
60%-69.9%= D
<60% = E